

### PRE-TANNING INSTRUCTIONS

PRIOR TO YOUR SPRAY TAN, YOU WILL WANT TO EXFOLIATE YOUR SKIN. DO NOT PUT ANY LOTION OR OIL ON THAT WILL PREVENT THE TANNING SOLUTION FROM ABSORBING INTO THE DEEP LAYERS OF YOUR SKIN.

YOU MAY WEAR A SWIMSUIT, UNDERWEAR OR DISPOSABLE THONG THAT WE HAVE AT THE SPA. YOU MAY CHOOSE TO WEAR A SWIMSUIT TOP, BRA, OR GO TOPLESS, BUT YOU ARE REQUIRED TO WEAR SOME SORT OF BOTTOMS.

BE SURE TO BRING LOOSE CLOTHING TO PUT ON AFTER YOUR SPRAY TAN, EX: SWEATS, YOGA PANTS, T-SHIRT, GYM SHORTS.

### POST TANNING

DO NOT SHOWER FOR AT LEAST 6 HOURS AFTER YOUR SPRAY TAN. THE LONGER, THE BETTER. WE RECOMMEND SHOWERING THE FOLLOWING MORNING.